This workbook can help you but you still need to read the merit badge pamphlet (book). No one can add or subtract from the Boy Scout Requirements #33216. Each Scout must do each requirement. Merit Badge Workbooks and more: Online Resources. Send comments to the workbook developer: craig@craiglincoln.com. Requirements revised: 01/1/10, Workbook updated: 02/10.

Scout’s Name: ____________________________ Unit: ____________________________
Counselor’s Name: ____________________________ Counselor’s Ph #: ____________________________

1. Prepare an outline on what a family is and discuss this with your merit badge counselor.

Tell why families are important to individuals

and to society.

Discuss how the actions of one member can affect other members.

2. List several reasons why you are important to your family and discuss this with your parents or guardians and with your merit badge counselor.
3. Prepare a list of your regular home duties or chores (at least five) and do them for 90 days. Keep a record of how often you do each of them.

<table>
<thead>
<tr>
<th>Chore 1</th>
<th>Chore 2</th>
<th>Chore 3</th>
<th>Chore 4</th>
<th>Chore 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>________________________</td>
<td>________________________</td>
<td>________________________</td>
<td>________________________</td>
<td>________________________</td>
</tr>
</tbody>
</table>

Sample Home Duty or Chore List

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Day:</td>
<td>Sun Mon Tue Wed Thu Fri Sat</td>
<td>Day:</td>
<td>Sun Mon Tue Wed Thu Fri Sat</td>
<td>Day:</td>
<td>Sun Mon Tue Wed Thu Fri Sat</td>
<td>Day:</td>
<td>Sun Mon Tue Wed Thu Fri Sat</td>
</tr>
<tr>
<td>Duty 1</td>
<td>Duty 1</td>
<td>Duty 1</td>
<td>Duty 1</td>
<td>Duty 1</td>
<td>Duty 1</td>
<td>Duty 1</td>
<td>Duty 1</td>
</tr>
<tr>
<td>Duty 2</td>
<td>Duty 2</td>
<td>Duty 2</td>
<td>Duty 2</td>
<td>Duty 2</td>
<td>Duty 2</td>
<td>Duty 2</td>
<td>Duty 2</td>
</tr>
<tr>
<td>Duty 3</td>
<td>Duty 3</td>
<td>Duty 3</td>
<td>Duty 3</td>
<td>Duty 3</td>
<td>Duty 3</td>
<td>Duty 3</td>
<td>Duty 3</td>
</tr>
<tr>
<td>Duty 4</td>
<td>Duty 4</td>
<td>Duty 4</td>
<td>Duty 4</td>
<td>Duty 4</td>
<td>Duty 4</td>
<td>Duty 4</td>
<td>Duty 4</td>
</tr>
<tr>
<td>Duty 5</td>
<td>Duty 5</td>
<td>Duty 5</td>
<td>Duty 5</td>
<td>Duty 5</td>
<td>Duty 5</td>
<td>Duty 5</td>
<td>Duty 5</td>
</tr>
</tbody>
</table>

- Enter the dates for the weeks across the top of each block.
- Under the day of the week the duty is performed, enter the duty number from the list above. Each duty may not need to be done each day.
- Clarifications from National: These 90 days do not have to be in a row but can be from any time while a Boy Scout. Your parent or guardian may want to initial this chart each time duties are completed.
4. With the approval of your parents or guardians and your merit badge counselor, decide on and carry out a project that you would do around the home that would benefit your family. 

Submit a report to your merit badge counselor outlining how the project benefited your family.

5. Plan and carry out a project that involves the participation of your family. After completing the project, discuss the following with your merit badge counselor:
   a. The objective or goal of the project
   b. How individual members of your family participated
   c. The results of the project

6. Do the following:
   a. Discuss with your merit badge counselor how to plan and carry out a family meeting.
   b. After this discussion, plan and carry out a family meeting to include the following subjects:
      1. Avoiding substance abuse, including tobacco, alcohol, and drugs, all of which negatively affect your health and well-being.
      2. Understanding the growing-up process and how the body changes, and making responsible decisions dealing with sex
3. Personal and family finances

4. A crisis situation within your family

5. The effect of technology on your family

Discussion of each of these subjects will very likely carry over to more than one family meeting.

7. Discuss the following with your counselor:
   a. Your understanding of what makes an effective father and why,

   and your thoughts on the father’s role in the family

   b. Your understanding of the responsibilities of a parent

Online Resources  (Use any Internet resource with caution and only with your parent’s or guardian’s permission.)

   ► Scout  ► Tenderfoot  ► Second Class  ► First Class  ◐ Rank Videos  ◐ Safety Afloat

Boy Scout Merit Badge Workbooks: usscouts.org -or- meritbadge.org  Merit Badge Books: www.scoutstuff.org

American Association of Family and Consumer Sciences: http://www.aafcs.org