

2010 Ockanickon Scout Camp

Troop 23 – August 1st to August 7th

I. Health & Safety

Health Policies

Our current Health Officer is a Registered Nurse with many years of experience. She will be available by phone before and during the season to answer any medical questions or discuss your concerns. She may also be reached at healthlodge@ockanickon.org.

Annual Health and Medical Record Forms

No medical record forms will be returned. Please make copies BEFORE coming to camp.

Accepted Medical Forms

The new [Annual Health and Medical Record Form](#) is the only allowed medical form. Class 1,2, or 3 medicals will not be accepted even if they have not expired. **Other forms such as sports physicals or physicals for non-Scout camps will not be accepted!**

Medical Record Reminder

All physical forms require more than one signature and many blank spaces to complete, during check in our staff will check for the following:

- Physician signature and date
- Parent signature (where appropriate) and date
- Immunization history
- Allergies and chronic conditions
- Current medication
- Any other conditions of which the health officer should be aware

Physicals are merely an overview of a Scout's health. Remember to ask Scouts how they're feeling before they come to camp and take appropriate action. ***Don't let a sick Scout ruin your troop's stay.***

Medical Insurance

Scouts without Medical Insurance – Scouts are not required to have medical insurance to attend camp and those that don't should write "none" in spots on the Medical Record Form that requests insurance information. Failing to do so can greatly delay medical rechecks as most Scouts are not familiar with their medical insurance status.

Scouts with Medical Insurance – Please be sure to both complete the appropriate sections of the Medical Record form with the correct information and attach a photocopy of the Scout's Insurance card.

Medications in Camp

NEW! For the 2010 Season

Units may now have their campers' medication stored either at the health lodge or units in a unit-provided locking container stored by a unit leader in the unit's site. In either case, Ockanickon is not responsible to make sure that a camper receives his or her medication or that the medication is taken once dispensed, only that a storage location is provided. Units must specify during medical rechecks if they will be storing and dispensing any of their unit's medications. If the unit does not specify, the camp will assume that all unit medications will be stored and dispensed from the health lodge.

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Medication Stored by Unit

Units who wish to oversee the storage and dispensing of medications to their campers must meet the following requirements:

- All medications must be stored in a lockable container that remains locked except when the unit is dispensing medication.
- All medications will be dispensed by an adult leader.
- Units must bring their unit storage container with them to medical rechecks so the container can be inspected.
- Medications shall be stored in their original containers in the unit storage container.
- A camper shall not bring more than a one week supply of a medication.

Units may choose to have some medications stored and dispensed by the health lodge and some stored and dispensed by the unit. Unit leaders overseeing medication storage and dispensing for their unit do not need to be medical professionals. Units do not need to bring common medications like aspirin, these will be available at the health lodge.

Medication Stored by Health Lodge

During check-in, Scouts with medication will have their medications placed into a gallon size plastic bag labeled with their name, troop number and campsite, all of which will be known upon arrival to the med recheck site. There are several stock medications in the Health Office so you do not have to pack basic medication (this does not include over the counter allergy medication). The nurse asks that if someone is on emergency inhalers or has an epi-pen that they provide one for the Health Office and keep one on their person and please let their unit leader know. Storing camper medication is a National Policy not a choice of Ockanickon and we are not permitted to allow campers to hold their medications except in the case of emergency medications like an epipen or fast-acting heart medication.

Medications Storage-All medication must be checked in at the Health Lodge upon arrival at camp. Each person must check in his or her own medication which will be kept in the Health Lodge under lock and key. The Health Lodge has refrigerated storage facilities for medicines that must be kept cold.

Medication Times – Morning medications will be given out from 7:00 AM to 9:00 AM and evening medications will be given out from 7:00 PM to 9:00 PM. Campers who need medication at other times please review your medication schedule with the Health Officer on the first full day of your stay. Each Camper who checks their medication into the Health Lodge will have a medication number written on their bracelet. Campers can speed up receiving their medication by using this number. Troops will receive a list of what campers take medication when within a day of arrival. Having a leader check with their Scouts that they've taken their medication is strongly recommended.

Returning Medications – All medications and the plastic bags will be returned to one adult leader from the Troop on Saturday morning from 7AM to 9AM.

Allergies and Special Diets

Scouts with severe allergies who normally carry an Epipen the Scout should do so at all times at camp. If the Scout brings an extra Epipen, this extra unit must be stored in the Health Lodge. Scouts that suffer from an allergy attack must report this to the Health Lodge. Campers may seek treatment for non-emergency food reactions at the Health Lodge.

Medical Emergencies

All injuries and/or illnesses *must* be reported to the Camp Health Officer as soon as possible. In the event that an injury requires emergency medical transportation, 911 may be dialed from any phone in camp. Emergency transportation should be requested through the Health Officer or

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Camp Management if at all possible and/or as soon as possible. Once an emergency has been reported and any initial care has been delivered, the parents or guardians of the injured Scout will be contacted based on the information on the provided health form. If a Scout needs to be transported to receive non-emergency care, this will be done preferentially by any parents at camp followed by a unit leader if no parent is available.

Temperature Screening Policy

Any camper with a temperature of 101°F or above will be sent home. Temperatures will be taken during medical rechecks and all campers must have their temperatures taken before leaving for camp. This may be done by parents at home or by troops at their meeting locations but must be done before you leave for camp. Campers who have a temperature of 101°F or above may return later in the week when their temperature has dropped but their temperature will be taken when the camper enters camp property.

II. Telephone, Faxes, Mail & Email

Camp website: www.ockanickon.org

Ockanickon Scout Reservation's telephone number is to be used for emergencies and camp business only.

The camp telephone number is: (215) 297-5290.

The camp's fax number, (215) 297-8702, is also to be used for business purposes only. Faxes sent to individual campers will not be delivered. Mail service is provided to all campers and staff.

Outgoing mail should be deposited by 10:00AM each morning and stamps are available at the camp Trading Post. The mailbox is located on the Camp Office porch. Letters to campers should be addressed as follows:

**Scout's Name
Troop #, Campsite Name
Ockanickon Scout Reservation
5787 State Park Road
Pipersville PA 18947**

The camp's email address is for business use only. Personal messages for campers sent via email to the camp will not be delivered.

III. Check-in and Checkout

Please be sure to make travel arrangements to get your scout to and from camp.

Please note we will be leaving for Camp from Bethany Church as a Troop.

PLEASE MEET THERE AT 12:00 P.M.

NO ONE IS TO GO TO CAMP ON THEIR OWN

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Unit Check-in on Sunday August 1st

The troop cannot come to camp before 2:00 PM on Sunday. We encourage each troop to set up a pre-arranged time and location to meet. For example, you may ask all of your scouts to meet you at the water towers (or science center, boat yard, pine grove, back field, etc.) in the parking lot at 3:00 PM.

Departure on Saturday August 7th

There will be a camp wide flag ceremony at the old parade field at 9:00 AM, which all are invited to attend. After the awards are given out everyone is dismissed at approximately 10:00 AM. Camp officially closes at 11 AM.

IV. Uniforming

Articles of clothing that exhibit slogans or products that are against Scouting principles are prohibited on camp property. The official Boy Scout Field Uniform (worn correctly) which includes the uniform shirt, socks and shorts, is proper dress for dinner (unless otherwise announced). During the day, dress may be shorts and t-shirts. No tank tops, sleeveless shirts or bathing suits are to be worn during meals. Footwear is required at all times. Scouts seen wearing open-toed shoes will be sent to their camp site to change footwear. Hats are to be properly worn. (No crooked or has worn backwards)

V. Visitors in Camp

Parents may accompany their scouts to camp on Sunday and leave by 7:00PM. *No visiting is permitted.* Leadership changes must check in at the Camp Office when they arrive. All visitors (who are here to pick up a scout) must sign in and out at the Camp Office. Prior approval, check-in/check-out is not required for visitors on Saturday morning.

VI. Leaving Camp

Anyone, scout or leader, who is leaving camp MUST first check out at the Camp Office (or Totem Lodge between 5PM & 8AM) and check in upon returning. Scouts are not permitted to leave camp unless they are signed out by their adult leader at the Camp Office in the presence of the authorized adult picking them up. All visitors picking up scouts at camp must also sign in and sign out.

VII. Any question before camp

The best way to get in touch with me is to please e-mail me at pdecotiis@att.com or call me at (work) 908.234.4536 or (cell) 973.896.5739.

VIII. Camp Policies

Daily Inspections-A safety checklist is provided to your unit, and your junior leadership is advised to inspect their camp each day for the items listed on it. The Camp Commissioner Staff may also conduct safety inspections of your campsite daily and as needed.

Firearms in Camp-Personal firearms and bows are prohibited on camp property. We already have the finest target rifles available. Only camp arrows and ammunition may be used. B.S.A. policy forbids the use of handguns as part of a Boy Scout program

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Fireworks in Camp-Fireworks are not permitted in camp. Violators will be expelled with no refund.

Hazing in Camp-Hazing will not be tolerated at camp. Your unit leadership is responsible to see that it does not occur.

Illegal Drugs & Alcohol in Camp-Illegal drugs and alcohol are prohibited on camp property. The use of or the possession of any illegal drugs or alcohol on camp property will result in immediate expulsion from the property. Local and state authorities will be contacted.

Knives & Axes in Camp-Those Scouts using knives and axes at camp will be required to carry a Totin' Chip card signifying that they have completed a basic axe and knife safety course. Sheath knives are not permitted in camp. The purchase of knives at the Trading Post requires the possession of a current Totin' Chip card.

Liquid Fuels in Camp-Cooking and lighting equipment that run on a liquid fuel such as white gas, unleaded gas, or kerosene are not permitted in camp. Propane gas products are permitted with adult supervision.

Lost & Found-All lost and found items should be turned into the camp office. Leaders are encouraged to have each Scout label his belongings with his name and troop number before his arrival at camp. Lost and found items are located at Totem Lodge or the camp office. Scouts should also check the program areas they may have visited for lost items.

Off Limits Areas-For safety reasons, certain areas of camp are off limits. The rifle range, shotgun range and archery range are off limits except to participants who have been given permission to enter by the area director. The pool and boating areas are off limits when unstaffed. The maintenance area and staff quarters are restricted access areas.

Parking-All vehicles must be parked at the camp parking lot located near the lake. Permits to park in camp are available for handicapped persons through the Health Officer.

Personal Hygiene-The camp environment is often very conducive to the transmission of illness. Due to this, all campers and staff are encouraged to shower regularly and always wash their hands before meals. It is important that everyone keep themselves reasonably clean. Hand sanitizer is also available at most of the latrines in camp.

Pets in Camp-State health and safety codes specifically forbid dogs and other pets at camp during the camping season. No exceptions.

Tobacco Policy-The use of tobacco products is discouraged by the B.S.A. Adults who use these products are asked to refrain from smoking in the presence of Scouts, in doorways or on porches. Please use the designated areas.

Trees-Trees are a valuable resource. No tree, living or dead, may be cut down without the permission of the Camp Director. Units will be charged if they violate this policy.

Troopwide Restrictions-Unit leaders have the prerogative to not allow their Scouts to participate in some activities or deny Scouts usage of specific departments, facilities or tools.